



ENVY™ – THE ULTIMATE APPLE EXPERIENCE

ABOUT ENVY™

- **Stays Naturally White for Longer** – With a naturally slower oxidation process, these apples maintain their fresh appearance and crisp texture longer—perfect for charcuterie boards, lunchboxes, and salads.
- **Naturally Sweet & Crunchy** – ENVY™ apples offer an exceptionally crisp texture with a balanced sweetness, making them perfect for snacking and recipes.
- **Nutrient-Rich & Satisfying** – Provides fiber and antioxidants that contribute to overall wellness.

WHY CHOOSE ENVY™?

- **Perfectly Balanced Flavor** – A delightful mix of sweetness and subtle tartness, making them a top choice for apple lovers.
- **Versatile for Every Occasion** – Enjoy fresh, sliced in salads, blended in smoothies, or baked into desserts like crisps and tarts.
- **Grown with Care** – Cultivated in premium orchards using sustainable farming practices to maintain superior taste and quality.

NUTRITIONAL BENEFITS OF APPLES

- **Supports Heart Health** – Apples contain fiber and flavonoids, which are linked to cardiovascular health.
- **Boosts Immunity** – Rich in vitamin C and other antioxidants to support a healthy immune system.
- **Aids Digestion** – Packed with natural fiber and prebiotics that nourish good gut bacteria, promoting digestive wellness.
- **Hydration & Sleep Support** – Apples contain water and plant compounds that contribute to hydration, while polyphenols are being studied for their potential role in supporting sleep cycles.

HOW TO ENJOY APPLES

- Blended into smoothies or yogurt bowls for a naturally sweet boost.
- Added to salads or grain bowls for extra crunch and flavor.
- Paired with cheese, nut butter, or chocolate for an indulgent yet nutritious snack.
- Baked into pies, crisps, or desserts for a gourmet treat.

